

Trinity College Gym Facilities

Induction: Important Information



- Inductions last approximately 1 hr
- Please be punctual, those arriving late to inductions may be turned away
- Please wear clothing suitable for performing moderate exercise in
- It will be necessary to take your blood pressure, this requires access to your left upper arm, please wear suitable clothing
- On completion of the induction your card will be updated (within 48hrs) to allow you to swipe into the gym
- Trinity College Gym is located at the Trinity Old Field Sports Ground, to right of the car park. An instructor will meet you here at the start of your induction and escort you in to the gym facilities

